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**Operating Address:**  
Cnr High & Bay Streets,  
Golden Square VIC 3555

## Procedure for ordering Compression Stockings

### **Client Measurements required.....**

- Circumference at**
- Narrowest part of ankle
  - Widest point of calf
  - Top of thigh (if above knee required)
- Length at**
- Floor to posterior knee crease (for below knee stockings)
  - Floor to gluteal fold (for above knee)

### **Other Questions which need to be answered....**

**Strength of stockings?** This is usually specified by the Doctor. If unsure, as a guide, use Class 1 stockings for mild to moderate varicose veins or postural hypotension. Class 2 stockings for moderate to severe varicose veins, swelling/oedema. Class 3 stockings are usually only used when the Doctor has requested or approved their use.

**Above or below knee?** Below knee stockings are cheaper and easier to manage but if varicose veins or swelling extend to the knee, or above, then above knee stockings may be required.

**Open Toe or Closed Toe?** Some people have a preference for closed toe or have had issues with stockings rolling back or rubbing on toes however open toe stockings are more commonly used as they allow the use of a simple donning sleeve

**Donning Aid required?** Donning sleeves and other aids are available to enable/assist clients to don their stockings themselves, these are available for open or closed toe stockings. There are also specific aids to assist in doffing stockings.

**Please contact the staff at +OAPL Health and Mobility Centre with any queries and to place an order for your clients Compression Stockings.**

**Ph: 03 5441 4333 Fax: 03 5441 6555**

**Email: [admin@oaplbendigo.com.au](mailto:admin@oaplbendigo.com.au)**

***+OAPL Health and Mobility Centre***

***Keeping Central Victoria Mobile and Independent***